

DR. NAZIR A. LAGHARI

MBBS, DO, FCPS, FRCS, FRCOphth

Dean

Faculty of Medicine & Allied Medical Sciences
Isra University
Hyderabad, Sindh – Pakistan

Dean

Faculty of Ophthalmology
College of Physicians & Surgeons Pakistan (CPSP)
Karachi, Sindh – Pakistan

Director

Isra Institute of Ophthalmology
Isra University Hospital
Hyderabad, Sindh – Pakistan

Locum Consultant Ophthalmologist

United Kingdom from March 2004

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PERSONAL

Name: Nazir Ahmed Laghari

Father's Name: Haji Muhammad Ashraf Khan Laghari

Gender: Male

Place of Birth: Village Rawat Khan Laghari, Taluka Khair Pur Nathan Shah, Distt: Dadu, Sindh, Pakistan

Marital Status: Married with 5 children

Nationality: Dual – United Kingdom & Pakistan

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Present Position: **Dean**, Faculty of Medicine & Allied Medical Sciences,
Isra University, Hyderabad, Sindh - Pakistan

Dean, Faculty of Ophthalmology
College of Physicians & Surgeons (CPSP)
Karachi, Sindh – Pakistan

Director, Isra University Ophthalmology,
Isra University Hospital, Hyderabad, Sindh – Pakistan

CRB Disclosure UK No: 001073488579

EDUCATIONS:

Primary	Home Town Rawat Khan Laghari, Khairpur Nathan Shah, District Dadu, Sindh – Pakistan Always stood First in Class
Secondary	Matriculation equivalent to 'O' level Passed in First Class equivalent to 'A' Grade Government High School, Dadu, Sindh – Pakistan
Higher Secondary	Intermediate – Science, equivalent to 'A' Level. Passed in First Class Equivalent to 'A' Grade. Government College, Kali Mori Hyderabad, Sindh, Pakistan

QUALIFICATIONS:

MBBS	1972	University of Sindh, Jamshoro, Pakistan
D.O	1976	Royal College of Surgeons & Physicians, London, UK
FRCS	1987	Royal College of Surgeons, Ireland
FRC Ophth	1989	Royal College of Ophthalmologists London UK
FCPS Ophth	2004	College of Physicians & Surgeons of Pakistan

POST GRADUATE OPHTHALMIC TRAINING ABROAD

- 1) **S.H.O.** - Ophthalmology Royal Northern Infirmary, Raigmore Hospital, Inverness, Scotland
From February 1974 to June 1975 (**16 months**).
- 2) **S.H.O.** - Department of Ophthalmology, Ninewells University Hospital, University of Dundee,
Scotland, from July 1975 to January 1976 (**6 months**).
- 3) **S.H.O.** - Department of Ophthalmology, Gartnavel General Hospital, University of Glasgow,
Scotland, from February 1976 to February 1977 (**13 months**).
- 4) **Registrar** - Gartnavel General Hospital, Tenant Institute, Western Infirmary, University of
Glasgow, Scotland, from March 1977 to July 1980 (**3 years**).
- 5) **Registrar** - Regional Eye Unit, Old Church Hospital, Romford, Essex, England from August
1980 to July 1982 (**2 years**).
- 6) **Acting Senior Registrar** - Riyadh Military Hospital, affiliated with King Saud University,
Riyadh, & King Faisal University of Dammam, from July 1982 to December 1986 (**4
years**).
- 7) **Senior Registrar / Acting Consultant** - Department of Ophthalmology, Riyadh Military
Hospital, affiliated with King Saud University Riyadh, from January 1987 to
December 1988.

Locum Positions Held in United Kingdom:

1. Consultant Ophthalmologist at Pilgrim Hospital, Boston Lincolnshire, England

- i) (Covering Mr. Rehman) from 10th March to 16th April 2004
- ii) (Covering Mr. Raja) from Aug 23rd to Aug 27th, 2004

The Pilgrim hospital is a nine story building with a very well equipped Eye Department. There were seven programmed activities per week, including two theatre sessions, three / four outpatient sessions (including Laser, Motility, and Retina Clinics) and one teaching session. Medical Staff-wise Dept: has 03 were 03 consultants, 02 staff grade and 03 SHOs.

2. Consultant Ophthalmologist at Clayton Hospital, Wakefield Yorkshire

- i) (Covering Mr. K Toor) from July 21st to Aug 6th 2004
- ii) (Covering Mr. Verma) from July 4th to September 8th 2005
- iii) (Covering Mr. Toor) From 8th May to 9th June 2006.

Fully equipped eye department with almost all specialist clinical work, with two peripheral clinics in a week. Department has 4 consultant, 1 associate , 2 staff grades, 2 clinical assistants, 2 registrars and 3 SHOs.

3. Consultant Ophthalmologist (Covering Mr. P. Kinahan) at the Ysbyty Gwynedd Hospital, Bangor, Wales, from Aug 27th to Sept 3rd, 2004.

Newly built, fully equipped state of art eye department with modern theatre facility, lasers, FFA, Orthoptics and excellent eye O.P.D the department consists of 5 consultants, 3 staff grades and one SHO.

4. Consultant Ophthalmologist (Covering Dr. A. Barr) Queen Margaret Hospital Dunfermline, Scotland

- i) From 1st to 27th November 2004
- ii) From 30th Oct to 9th Nov 2006

Newly built and equipped with latest technology, eye department has five consultants, 02 Associates, 02 Registrars and 02 SHO, Department has state of art one stop Cataract Surgery unit apart form other sub-specialty clinics.

5. Consultant Ophthalmologist at Ashford and St. Peters Hospital Ashford, Middlesex England, form May 2nd to July 1st 2005.

6. Consultant Ophthalmologist – The Ayr Hospital, Ayr, Scotland, from 28th May 2007 to 01 June 2007.

7. Consultant Ophthalmologist – The Royal Bournemouth Hospital, Bournemouth, UK from 04th June 2007 to 6th July 2007.

8. Consultant Ophthalmologist – Dorset County Hospital, Dorchester, England, From 24-09-2007 to 08-10-2007.

9. Consultant Ophthalmologist – St. Mary's Hospital ISLE of Wight, UK From 14 Jan 2008 to 8th Feb 2008

- 10. Consultant Ophthalmologist – Bristol Eye Hospital, Bristol**
From 26th Aug 08 to 19th Sept 08
Professional state-of-art separate teaching eye hospital with all ophthalmic faculties e.g. all sub-specialties clinic along with teaching and research work for under and post graduates.
- 11. Prince Charles Eye Unit, Kind Edward VII, Hospital Windsor, Berkshire**
i) From 15th Jan 09 to 06th Feb 09
ii) From 05th May 09 to 31 July 09
Specialist clinics e.g. glaucoma, medical / surgical retina, paediatric ophthalmology and oculoplastic.
- 12. Consultant Ophthalmologist, St. Bernard’s Hospital – Gibraltar**
From 28th August 2009 to 16th October 2009
Independent well-equipped eye unit specialist clinic e.g. glaucoma, paediatric ophthalmology and medical retina are conducted along with state-of-the-art OT sessions for ant-segment surgery.
- 13. Consultant Ophthalmologist, Macclesfield District General Hospital from 15th Feb 2010 to 16th May 2010**
Out patient work mainly involved was in the field of general ophthalmology, paediatric ophthalmology, glaucoma and medical retina.
- 14.** i) Consultant Ophthalmologist, Leighton Hospital, Crewe, from 21st June 2010 to 05th November 2010

ii) Consultant Ophthalmologist, Leighton Hospital, Crewe, from 3rd January 2011 to 28th January 2011

iii) Leighton Hospital Crewe
From 22nd Sept 2011 to date
- 15 Croydon University Hospital**
From 4th April to 26th April 2011

Provided independent cover for Primary care clinics, Glaucoma, Medical Retina, Emergency and Cataract Clinics.

Career Positions:

1. **Dean, Faculty of Medicine & Allied Medical Sciences, Isra University, and Director, Isra Institute of Ophthalmology from 14 Oct 2006.**

Isra University established in 1997 and is chartered by Sindh Provincial Assembly, primarily medical university but also has other faculties and every year new faculties are added to the ever growing university.

Isra Institute of Ophthalmology has state of the art ophthalmic department with full foreign and national qualified faculty which is involved in teaching under and postgraduates and is responsible for ophthalmic clinical and surgical work alongwith research in the field of ophthalmology.

2. **Director / Administrator Institute of Ophthalmology, Liaquat University of Medical & Health Sciences, Jamshoro, Sindh, Pakistan, from 1st March to 31st Aug 2006.**

3. **Chairman, Department of Ophthalmology, Liaquat University of Medical & Health Sciences, Jamshoro, Sindh, Pakistan form 20 May 2003 to 28th Feb 2006.**

The responsibilities of the Chairman include general administration, drawing up training schedules of under – and post – graduate students, conducting and supervising various examinations on behalf of the University, in additions to those detailed for the professor.

4. **Professor of Ophthalmology Liaquat Medical College and Liaquat University of Medical & Health Sciences, Jamshoro, Sindh, Pakistan from 08-07-1996 to 19-05-2003.**

(Equivalent to UK Senior Consultant)

Professor acts as the incharge of a Unit (Firm), comprising of an associate professor, one or two assistant professors, one or two Senior Registrars and a quantity of medical officers and trainees. His responsibilities include assigning responsibilities to various members of faculty and other staff working in the Unit, supervising and monitoring their progress. Also to serve on various college and hospital committees, in additions to clinical and teaching commitments. As professor, I had been able to introduce a system of rotations for the postgraduate trainees so as to expose them to various basic and clinical aspects in the field of ophthalmology.

5. **Associate Professor Ophthalmology (Liaquat Medical College Hospital then) Liaquat University of medical & Health Science Jamshoro, Sindh, Pakistan from 07-05-95 to 07-07-96. (Equivalent to UK Consultant).** The responsibilities of an Associate Professor include supporting the unit head in day to day clinical work teaching the under-graduate students and post – graduate trainees and acting as a unit head in the absence of the Professor.

6. **Assistant professor Ophthalmology (then Liaquat Medical College Hospital) Liaquat University of Medical & Health Sciences Jamshoro, Sindh. Pakistan from 18-9-89 to 06-05-95 (Equivalent to UK Senior Registrar / SPR)**

The Liaquat Medical College (now upgraded to Liaquat University of Medical & Health Science) is a premier and one of the oldest medical institutions of Pakistan. The Liaquat University Hospital is having 1800 Beds, 24 Operations theater suites, 02 ICUs, 02 Radio Diagnostic Centers & 03 Pathology Diagnostic and Research Laboratories.

The Eye Hospital at LUMHS has 03 units with 12 faculty members, 03 professor, 03 associates, 03 assistants and 03 senior registrars, being housed in a purpose built premises. It has more than 100 inpatients accommodation. It consists of 04 operations theaters, equipped with 04 operating microscopes, with teaching aids and C.C TV facilities, 02 Phaco machines, 04 YAG lasers, Fundus camera, 'A' & 'B' Scan. Laboratory, pharmacy and a big outpatient department with approximately 400 patient attendance daily. There is a widely stocked library and air-conditioned reading room. A seventy seater seminar room is available in the ward premises, where seminars and workshops are held on a regular basis.

- There is an active post-graduate training programme throughout the year. During the last 15 years that I have been associated with this department, some 78 doctors have been trained through this programme. More than 10 doctors have acquired FCPS, 12 have acquired MCPS (Fellowship and Membership of the College of Physicians and Surgeons Pakistan (CPSP), and Diploma in Ophthalmology. (D.O).
- Two doctors have acquired FRCPS / FRC Ophth from the UK.

The responsibilities of an Assistant Professor include assisting the unit head in day to day clinical work, teaching the under-graduate students. The position is open for Ophthalmologists with a higher diploma (as opposed to Senior Registrar). The position is equivalent to that of a British Senior Registrar, performing some tasks independently and others under direct supervision of the unit head (Professor). The doctor needs to work under close supervision, prove his competence and surgical skills to the Unit Head before being allowed to work independently.

7. **Senior Registrar / Acting Consultant** – Department of Ophthalmology, Riyadh Military Hospital, affiliated with King Saud University Riyadh and King Faisal University of Dammam – Saudi Arabia, from January 1987 to December 1988. (**Equivalent to UK Senior Registrar**).
8. **Acting Senior Registrar** - Riyadh Military Hospital, affiliated with King Saud University, Riyadh, & King Faisal University of Dammam – Saudi Arabia, from July 1982 to December 1986 (04 years)
9. **Registrar** - Regional Eye Unit, Old Church Hospital, Romford, Essex, England, form August 1980 to July 1982 (02 years)
10. **Registrar** – Gartnavel General Hospital, Tenant Institute, Western Infirmary, University of Glasgow, Scotland, from March 1977 to July 1980 (03 years).
11. **S. H.O. – Department of Ophthalmology**, Gartnavel General Hospital, University of Glasgow, Scotland from February 1976 to February 1977 (13 months).
12. **S.H.O – Department of Ophthalmology**, Ninewells University Hospital, University of Dundee, Scotland, from July 1975 to January 1976 (06 months).
13. **S.H.O – Ophthalmology** Royal Northern Infirmary, Raigmore Hospital, Inverness, Scotland from February 1974 to June 1975 (16 months).

14. **S.H.O – Ophthalmology** – then Liaquat Medical College Eye Hospital Hyderabad, Sindh, Pakistan (now upgraded as Liaquat University Eye Hospital) from June 1973 to December 1973 (06 months).

This was my first substantial job in Ophthalmology. It helped further to develop and nurture my interest in the specialty. The unit was a teaching unit with a huge turnover of patients. It was equipped as a District Eye Unit of the UK. I received exposure to various intra – and extra ocular surgical procedures. This main advantage was learning refraction in the outpatients.

15. **House Officer in General Surgery:** then Liaquat Medical College Hospital Hyderabad / Jamshoro, Sindh Pakistan (now upgraded as Liaquat University Hospital) from November 1972 to June 1973 (7Months).

16. **House Officer in General Medicine:** then Liaquat Medical College Hospital Hyderabad / Jamshoro Sindh, Pakistan (now upgraded as Liaquat University Hospital) from May to November 1972 (06 months).

The jobs at # 13 & 14 were internship fulfillment of the registration requirement in Pakistan.

TRAINING AND RESEARCH ACTIVITIES:

a) TRAINING RECEIVED:

- 1) Trained in surgical teaching and management skills for five years between 1989 and 1995 as an Assistant Professor to Prof. Saeed Ahmed Khan at then Liaquat Medical College Eye Hospital Hyderabad, Sindh , Pakistan. Surgical skills in IOL, Extraocular, Corneal, Retinal, Laser Surgery, and Pediatric Ophthalmology and Refractive Surgery. Teaching the under- as well as post-graduates and managing affairs of the Department. Learnt about complex patient and other management issues.
- 2) Educational Planning at College of Physicians & Surgeons Pakistan (CPSP).
- February 1990.
- 3) Educational Planning and Evaluation (at CPSP). - August, 1992.
- 4) Development and Administration of MCQs and Essay Questions (at CPSP).
- September, 1993.
- 5) Evaluation of Clinical Competence (at CPSP). - September, 1993.
- 6) Research Methodology and Medical writing (at CPSP).- May, 1997.
- 7) Communication Skills (at CPSP). - February, 2001.
- 8) Administrative and Management Skills (at CPSP). - March, 2001

b) TRAINING IMPARTED:

NATIONAL

- 1) Trained some 78 post- graduate trainees during the 15 years period as a Faculty Member at the Department of Ophthalmology, Liaquat University Medical & Health Sciences, Jamshoro, Sindh, Pakistan. Some 12 of these passed the Fellowship and 20 passed the Membership examination of College of Physicians and Surgeons Pakistan (CPSP), 10 Passed Diploma in Ophthalmology (D.O) from University of Sindh / Liaquat University Medical and Health Science Jamshoro, Sindh, Pakistan and 04 have completed their training for MS (Ophth) of the Liaquat University Medical and Health Sciences Jamshoro, Sindh, Pakistan. Of the successful trainees, 05 Fellows, 07 Members and 06 Diploma holders trained directly under my supervision. **As a supervisor, I oversee and guide the research of my trainees for dissertation writing as a requirement for the Part II Fellowship Examination of the CPSP.**
- 2) **Organizer / Facilitator** – Postgraduate Training Courses for MCPS / FCPS at the College Physicians and Surgeons Pakistan (CPSP) 1989, 1993, and 2004. These were post-graduate refresher courses for the trainees about to take the Part II Fellowship Examination. This involved designing the course, choosing the Faculty, conducting the course and sharing the lectures and tutorials.

- 3) **TEACHING / TRAINING IMPARTED OVERSEAS:** Of Undergraduate Medical Students, Ophthalmic Nursing and Ophthalmic Technicians and other paramedicals at Liaquat University Medical and Health Sciences Jamshoro, Sindh, Pakistan and at Isra University Hyderabad, Sindh, Pakistan.

TEACHING / TRAINING IMPARTED OVERSEAS:

Undergraduates (Final year M.B.B.S) of King Saud University Riyadh and King Faisal University, Dammam, for clinical ophthalmological teaching which was provided in informal group discussion in the outpatients, inpatients and surgical procedures explained in theaters.

Postgraduate teaching to the department junior staff in particular and junior from the department of Medicine from time to time, being the Clinical Tutor of the department, task was to arrange and supervise the formal lectures on basic, medical and surgical ophthalmology and informal discussions and tutorials on various topics and clinical case presentations Journals club, to keep up with literature.

C) RESEARCH ACTIVITIES

- 1) Member technical Committee, Research Foundation, Ophthalmological Society of Pakistan (OSP) since 2003.

Research Foundation was established as a subsidiary of the Ophthalmology society of Pakistan by some of the members of the OSP. The technical committee has designed a proposal proforma and ground rules have been formulated and floated in the fraternity. Area of research have been identified and proposals have been invited.

- 2) Clinical Evaluation, efficacy & the safety profile of topical ophthalmic drops (Code # ASO 12001) as a post-operative therapy in patients of cataract extraction & implant surgeries at Liaquat University of Medical & Health Sciences, Eye Hospital Hyderabad, Sindh.
- 3) Supervised, guided and monitored original research for thesis writing for three MS students and dissertation writing for some fifteen Fellowship students. I am on a regular roll for the assessing the dissertations of the candidates for Fellowship of the CPSP.

EXAMINER IN OPHTHALMOLOGY

UNDERGRADUATE: (Science) 1992

- 1) Examiner in Ophthalmology for Final Year MBBS.
 - Liaquat University of Medical & Health Science, Jamshoro, Sindh Pakistan.
 - Dow University of Health Sciences Karachi, Sindh Pakistan since 1992.
 - Isra University Hyderabad, Sindh, Pakistan since 2002.
 - University of Sindh, Jamshoro, Sindh, Pakistan since 1991.
 - University of Karachi Sindh Pakistan since 1992
 - Chandka Medical College Larkana, Sindh, Pakistan since 1995.
 - People's Medical College, Nawabshah, Sindh, Pakistan since 1996.

Acting as a member of the panel of examiners in the under-graduate examination involves paper-setting and assessing the theory papers and assessing the candidates in practical and oral knowledge of Ophthalmology.

POST GRADUATE:

- 2) **Examiner MCPS, FCPS-I & II**, College of Physicians & Surgeons Pakistan (CPSP) since – 1996.

In order to enter the Examination system of the CPSP as an examiner, one has to proceed in a step-wise fashion. I was made a training supervisor, after acquiring at least five years post-Fellowship experience and go through about six different training workshops at the Medical Education and Teacher training Department of the CPSP. One has to show evidence of continued professional development (CPD) in order to be invited to climb a series of steps such as observer, paper-setter, theory paper assessor, and then an examiner at the clinical and oral part of the examination.

- **Diploma in Ophthalmology (D.O)** at Liaquat University Medical & Health Sciences Jamshoro, Sindh, Pakistan. Isra University Hyderabad, Sindh, Pakistan.
 - **Master in Surgery (Ophth)** at Liaquat University Medical & Health sciences, Jamshoro, Sindh, Pakistan. Dow University of Health Sciences, Karachi, Sindh, Pakistan. Isra University Hyderabad, Sindh, Pakistan.
 - Ph.D, Diploma courses have started from January 2004 at Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan.
- 3) Examiner FCPS-II College of Physicians & Surgeon, **Bangladesh Dhaka, January, 2005.**

ACADEMIC AFFILIATION

- 1) **Chief Editor** – Isra Medical Journal, Isra University, Hyderabad, Sindh-Pakistan
- 2) **Editor, Scientific Journal** of Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan, since 2000, accredited with Pakistan Medical & Dental Council & College of Physicians & Surgeons of Pakistan.
- 3) **Chief Executive**, Pakistan Journal of Ophthalmology 2004-2006.
- 4) **Dean**, Faculty of Ophthalmology, College of Physicians & Surgeons (CPSP) Pakistan from April 2007.
- 5) **Member Faculty of Ophthalmology- CPSP – 2000 – 2004.**

The Faculty is the top regulatory body for the specialty in the country. The members meet twice a year and set the standards for training and examination. Some of the members are elected from amongst the CPSP Fellows, while some are nominated. The position is a tenure post and members work in an honorary capacity.
- 6) **Secretary Academic Council**, Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan.
- 7) **Member Syndicate**, Liaquat University of Medical & Health Sciences, Jamshoro, Sindh, Pakistan.
- 8) **Member Senate**, Liaquat University of Medical & Health Sciences, Jamshoro, Sindh, Pakistan.
- 9) **Member Postgraduate Committee**, Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan.
- 10) **Member Affiliation Committee**, Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Hyderabad Pakistan.
- 11) **Member Board of Studies**, Liaquat University of Medical & Health Sciences Jamshoro, Sindh, Pakistan.
- 12) **Member Joint Board of Postgraduate Studies**, Liaquat University of Medical & Health Sciences and ISRA University Sindh, Pakistan.
- 13) **Member, Editorial Board**, Pakistan Journal of Ophthalmology – Since 1998.

This Editorial Board includes senior Professors and Ophthalmologists of eminence from Pakistan and abroad, especially those who are regular contributors to the journal in some form or manner.
- 14) **Director**, Isra Islamic Foundation, Hyderabad, Pakistan.
- 15) **Member Board of Governors** ISRA University, Hyderabad, Pakistan.

- 16) **Member Affiliation Committee**, ISRA University, Hyderabad, Pakistan.
- 17) **Consultant LASIK SURGEON** (ISRA Institute of Ophthalmology).
- 18) **Member Postgraduate Committee**, Al Ibrahim Hospital, Karachi. (a project of ISRA Islamic Foundation).

ACADEMIC HONOURS / AWARDED

- 1) **President of Pakistan Ramzan Ali Syed Gold Medal***, Ophthalmology Society of Pakistan – 2001

(Ramzan Ali Syed Gold Medal is awarded each year since 1980 to a Pakistani Ophthalmologists for professional and academic excellence by a Committee of five previous recipients. The medal is awarded according to a point scoring system. I am the twenty first recipient from amongst some 1500 Ophthalmologists in the country.
- 2) **Liaquatien Lifetime Achievement Award Year 2000**, Awarded to graduate of Liaquat Medical College for his/her services for exemplary work towards cause of Liaquatien.
- 3) **Distingisted ophthalmic Award, APAO** (Asia Pacific Academy of Ophthalmologist) for the Ophthalmic services in the area, Awarded at APAO Conference, Bangkok 2003 by Prof. Arthur Lim.
- 4) **Best Medical University Teacher of 2003**, Awarded by Higher Education Committee, Islamabad, Pakistan Headed by Prof. Atta-ur-Rehman.
- 5) **Special Award – Leading Lights in the Asia – Pacific (page 208)**, XXI- congress Asia – Pacific Academy of Ophthalmology, Singapore 10-14-2006.

MEMBERSHIP OF THE LEARNED SOCIETIES

- 1) Permanent registration with General Medical Council, London. (Reg # 2476834).
- 2) Permanent Registration with Pakistan Medical and Dental Council, Islamabad. (Reg #, 13408-s).
- 3) Member of Medical Protection Society, London (Reg #, 100740).
- 4) International Society of Refractive Surgery.
- 5) Ophthalmic Medical Practitioner No. 02422 (Ophthalmic Qualifying Committee).
- 6) Member ASCRS (American Society of Cataract & Refractive Surgery, (#. 040792).
- 7) Fellow, Royal College of Surgeons, Dublin, Ireland since 1987.
- 8) Fellow, Royal College of Ophthalmologists, London since 1989.
- 9) Active Fellow and International Member, American Academy of Ophthalmology, since 1989.
- 10) Member of Saudi Ophthalmological Society, Riyadh, Saudi-Arabia.
- 11) Life Member, Ophthalmological Society of Pakistan, since 1984.
- 12) Life Member of Ophthalmological Society of Pakistan Hyderabad Branch, since 1990.
- 13) Life Member, Pakistan Medical Association since 1988.
- 14) Life Member, Sindh Graduates Association since 1990.

PUBLICATION IN NATIONAL / INTERNATIONAL JOURNALS:

- 1) 'Vomiting after Ophthalmic Surgery' Anaesthesia 1989, Vol: 42, London.
- 2) 'I.O.P in Saudi Childer under G.A' Saudi Medical Journal, Riyadh, K.S.A.
- 3) 'Observation of 220 cases of IOL implants' BIOMDICA, 1994, Vol: 10, pp 37-40.
- 4) Redial Keratotomy, BIOMEDICA 1994, 10 (July – December), Vol: 10 pp 68-71.
- 5) Results of Ultrasonic Biometry in calculations of IOL Poser, BIOBEDICA, 1994. (July – December) Vol 10, pp 61- 63.
- 6) IOL implantation in children up to the age of 10 years, BIOBEDICA, 1994 (July-December) Vol: 10, pp 55-57.
- 7) Refractive Surgery in Hyderabad Sindh, Pakistan “ Pakistan Journal of Ophthalmology, 11:1, January 1995. (Published in U.S.A).
- 8) Clinical Evaluation, efficacy and the safety profile of (Code # ASO 12001) as a post – operative therapy in patients of cataract extraction and implant surgeries at Liaquat University of Medical and Health Sciences, Eye Hospital, Hyderabad Sindh Pakistan.
- 9) Current Trends in Diabetic Retinopathey. JLUMHS 2005 Jan-Apr; (1): 1-2.
- 10) Vacuum Lens Extraction on Low Phaco Energy Pak J Ophthalmol 2005, Oct; 21 (4): 166-170.
- 11) Evaluation of retinal toxicity of intravitreal 5-fluorouracil in silicone-filled eyes (Journal of college of Physicians and Surgeons Pakistan, May 2006).
- 12) Prevalence of Trachoma in 3rd Desert Area of Sindh JLUMHS, December 2005.
- 13) Detection of Choroidal Melanoma at Liaquat University Eye Hospital Hyderabad – PJO- January 2006.
- 14) Evaluation of Threshold Parameters for Choroidal Vessel Closure with the new photosensitizer, Lambda 27, Vol 17 No. 04 (April, 2007) pp: 215 – 218, Journal of College of Physicians and Surgeons Pakistan.

RECENT SUBMISSIONS:

Evaluation of various commercially available compounds in an experimental rat model. (Submitted to Cornea).

The effect of combinations of flurbiprofen, low molecular weighty heparin and doxycycline on the inhibition of corneal neovascularization. (Submitted to Cornea).

Inhibition of experimental angiogenesis of cornea by doxycycline. (Submitted to Cornea).

CURRENT PROTOCOLS, PROJECTS AND CASE REPORTS:

- 1) Epidemiology and etiological diagnosis of corneal ulceration at 2 tertiary eye care centers in Northern Sindh, Pakistan.
- 2) Etiology of Endophthalmitis at 2 tertiary eye care centers in Northern Sindh, Pakistan.
- 3) Use of Gatifloxacin in the Management of acute post operative endophthalmitis.
- 4) Central Corneal Thickness in Pakistan.
- 5) Non Phaco, Sutureless ECCE + IOL versus standard ECCE + IOL at LUMHS.
- 6) Classification of cataracts and prevalence of pseudoexfoliation in patients presenting for cataract extraction at LUMHS.
- 7) Case report: ocular Histoplasmosis in Pakistan.
- 8) Case report: an unusual case of traumatic hyphema.
- 9) Argon laser Trabeculoplasty in patient s with open angle glaucoma in Pakistan.
- 10) Epidemiology of Glaucoma at 2 Tertiary Eye care centers in Pakistan.
- 11) Amniotic Membrane Transplant in the management of full thickness corneal perforation.
- 12) Ahmed Glaucoma Valve in the Management of Reigers syndrome.

INTERNATIONAL CONFERENCES / SCIENTIFIC MEETINGS ATTENDED:

1. All at King Khalid Eye Specialist Hospital, Riyadh, Saudi Arabia every year on recent advances in ophthalmology, including all sub-specialties of the ophthalmology.
2. International Symposium of 'Eye Trauma' in Kuwait (1985).
3. 'Orbital Diseases and Management' in Dammam Saudi Arabia (1987).
4. American Academy of Ophthalmology Dallas (November 1987), San Francisco, and Sandeago.
5. 'Ophthalmology 87, 88, 89, International meeting on Recent Advances by Saudi Ophthalmological Society- Riyadh.
6. Eurocongress 98, Amsterdam, Holland, from 21st to 26th June 1998.
7. International Glaucoma Seminar in Hongkong, 1999.
8. International Conference on update of Glaucoma, Spain 2001.
9. All annual conferences of the Society of Cataract and Refractive Surgery in U.S.A.
10. Annual Royal College of Ophthalmologists London Conference in Birmingham, United Kingdom.
11. All the Annual Ophthalmological Society of Pakistan conferences since 1987.
12. All National and Regional Ophthalmological Society of Pakistan since 1990.
13. International Ophthalmic Conference, Ophthalmological Society of Bangladesh 25-27th Feb 2004 Dhaka.
14. 27th International OSP conference, Quetta from 21st May to 23rd May 2004.
15. XIII Afro – Asian Congress of Ophthalmology from 18 – 22nd June 2004 Istanbul -Turkey.
16. 20th Asia Pacific Academy of Ophthalmologist from 30th March -3rd April 2005, Kulalampur – Malaysia.
17. XXII Congress of the ESCRS LISBON Portugal 10-14 September, 2005.
18. VII International Symposium on Ocular Trauma, organized by international society of ocular trauma. ROME – Italy 28th June to 1st July 2006.
19. –XXIV Congress of European Society of Cataract & Refractive Surgery, London, UK from 9th to 12th Sept 2006.
20. – American Academy of Ophthalmology and Asia Pacific Academy of Ophthalmology Joint Conference at Las Vagas from 11 to 14th Nov 2006.
21. World Glaucoma Congress, Singapore, July 18 -21, 2007.

Being President of Ophthalmology Society of Pakistan, I was leading the delegation from Pakistan, senior Ophthalmologist from Pakistan attended the Afro Asian and Asia Pacific Academy of Ophthalmologist Congress and about 12 scientific papers were presented at Afro Asian and more than 20 scientific papers and one instruction course on glaucoma was conducted at Asia Pacific Academy of Ophthalmology.

SCIENTIFIC PAPER PRESENTATION:

1. Simple device of I.O.L. insertion by modified Baily lens Shooter, King Khalid Eye Specialist Hospital, Riyadh / Almugraby, Jeddah, Saudi Arabia.
2. Pre & Post Surgical Management of squint, Paediatric Surgery, International Symposium, Armed Forces Hospital, Riyadh, Saudi Arabia.
3. Bilateral optic atrophy following cervical Astrocytoma G-II and Frontal Lobe tuberculoma. Neuroscience meeting in Riyadh, Saudi Arabia.
4. IOL's and its complications International Saudi Ophthalmic Society Conference Riyadh, Saudi Arabia.
5. Oculr Trauma and its after effects – International Ophthalmic Conference Kuwait.
6. IOL in Bag VS Sulcus – International Ophthalmic Conference Ophthalmological Society of Pakistan at Karachi.
7. Paediatric IOL's International Ophthalmic Conference, Karachi, Pakistan 1987.
8. Radial Keratotomy and its implication, International Ophthalmic Conference, Lahore, Pakistan. December 1990.
9. Unusual presentation of Retinoblastoma, International Ophthalmic Conference, Hyderabad, Pakistan 1993.
10. Early stages of Phaco Emulsification, International Ophthalmic Conference, Lahore, Pakistan. December 1994.
11. Phaco Vs good ECCE – International Ophthalmic Conference Lahore Pakistan. 1995.
12. Sympathetic Ophthalmitis, International Ophthalmic Conference, Hyderabad, Pakistan, 1998.
13. Evolution of IOL,s 1st Khyber Eye Symposium, Abottabad, Pakistan, 27-29th June 2003.
14. A case report – Cushing Syndrome with Topical Ophthalmic steriodes presented at International Ophthalmic Conference Karachi, Pakistan, 2004.
15. Phaco to Phaconit, International Ophthalmic Conference Quetta, Pakistan 21st to 23rd May 2004.
16. ND-YAG Laser Capsulotomy: Study of 507 cases at Liaquat University of Medical and Health Sciences, Jamshoro, Sindh Pakistan, presented at International Ophthalmic Conference Quetta, Pakistan, 21st to 23rd May 2004.
17. Glaucoma in developing countries – 20th Congress Asia Pacific Academy of Ophthalmologist Kulalampur – Malaysia.
18. MICS: experience at LUMHS – 10th Islamabad congress at Bhurbhan 6th – 8th May 2005.

PROFESSIONAL POSITIONS OF RESPONSIBILITY HELD:

- 1) **President** OSP Centre 2004 – 2006
- 2) **President Elect** (Center) Ophthalmological Society of Pakistan 2003-2004.
- 3) **Member Executive Committee**, Ophthalmological Society of Pakistan since 1989.
- 4) **Life Member**, Pakistan Medical Association.
- 5) **Chairman organizing committee** – APPNA (Association of Pakistan Physician of North America) international congress at Liaquat University of Medical and Health Science Jamshoro Sindh – Pakistan, December 2003.
- 6) **Organizing Secretary**, Annual Symposium – 2003 Liaquat University of Medical and Health Sciences Jamshoro Sindh – Pakistan.
- 7) **Member, Hospital Management Committee**, Liaquat University Hospital Sindh, Pakistan.

INTERNATIONAL OPHTHALMIC COURSES PARTICIPATED / ATTENDED.

- American Academy of Ophthalmology meeting in Dallas on Glaucoma and Peads Ophthalmology.
- American Academy of Ophthalmology meeting in Sanfrancisco on Oculoplastics and Med. Retina.
- ASCRS in Sandeago on Phocoemylsification and Foldable IOL's.
- ASCRS Seallte, Washington on Refractive Surgery on LASIK.

CLINICAL SKILLS

Anterior Segment and Trauma.
IOL, Phaco Emulsification
Glaucoma surgery, including valve implants
Paedriatic Ophthalmology
Lasers, Argon, YAG and Diode.
Oculoplastics, incuding lacrimal surgery
Conventional retinal reattachment surgery

LEVEL

Proficient
Proficient
Proficient
Proficient
Proficient
Very well conversant
Very well conversant

SPECIALIST / CLINICAL INTERESTS

My current clinical interests include Phacoemulsification, Glaucoma and Refractive Surgery.

GENERAL INTERESTS

- Travel Europe, North America, Far East
- Languages English, Urdu, Sindhi, Punjabi. (Currently learning Arabic)

WORK IN THE FIELD OF COMMUNITY EYE HEALTH / GENERAL

1) Free Eye Camps

Organized and conducted with Co-operation of ISRA, SAFA, Society for Prevention and control of Blindness.

More than 5000 Cataracts have been operated, and about 30,000 Eye OPD cases have been seen and medically treated.

2) Free Medical Camps

Organized and conducted in almost all rural areas of Sindh, Pakistan where all the Medical, Surgical and Dental OPD Clinic were arranged. Patients were seen by Senior Consultants and medicines were provided free of cost to all patients.

3) Drought affected areas

Medical help, food and medicines were distributed among the needy people in drought affected areas, like Thar, Kohistan, Jati and Haji Khan, Kacho

More than two million people were attended and provided with help and assistance at their door step.

4) Eye Patients Welfare Society

As a President looking after the needs of Eye Patients coming from all over the Sindh in particular and county in General.

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